



Family Action Plan Student Copy Page

Be sure each family member has one copy of the Family Action Plan and post it in a prominent place in the home.

Review the plan every six months with family members.

1. Record your physical home address: _____

2. Record addresses, land and cell telephone numbers for each family member and a responsible family friend or relative: _____

3. Record emergency numbers and discuss when it is appropriate to call these numbers:
Fire _____
Police _____
Doctor _____
Hospital _____
4. Draw or describe community evacuation routes from your home to a known safe place. Practice driving or walking it once a year with family members. _____

5. If family members become separated and they are not sheltering in their home, their meeting place will be: _____

6. List local radio and television channels to receive emergency information: _____

7. List location of community safe shelters: _____

8. Record location of nearest hospital: _____

9. Keep your Action Pack ready to go!*

- Flashlight with plenty of extra batteries
- Battery-powered radio with extra batteries, or wind-up radio
- First aid kit
- Prescription medications in their original bottle, plus copies of the prescriptions
- Eyeglasses (with a copy of the prescription)
- Water (at least one gallon [3.8 l] per person is recommended; more is better)
- Foods that do not require refrigeration or cooking
- Items that infants and elderly household members may require
- Sanitation and personal hygiene supplies (e.g., hand sanitizer, toilet paper)
- Matches in a waterproof container
- Can opener
- Paper plates and eating utensils
- Small tool box (e.g., hammer, screw driver, small saw)
- Medical equipment and devices, such as dentures, crutches, prostheses, etc.
- Change of clothes for each household member
- Waterproof clothing, such as raincoats and especially rubber boots for each family member
- Sleeping bag or bedroll and pillow for each household member
- Checkbook, cash and credit cards
- Passports, birth certificates, insurance documents—place all important documents in a waterproof container
- Map of the area

10. Develop a plan for taking care of family members, such as grandparents who live nearby or elderly neighbors.

11. Write an Action Plan to care for your pets or livestock.

12. Make it a rule to keep your vehicles fueled or other modes of transportation always in working order.

**From Family Disaster Plan developed by the Federal Emergency Management Agency and the American Red Cross, in addition to other sources.*